

Apex Rehabilitation & Care Center Visitation Plan

The N.Y.S. Department of Health (“NYSDOH”) issued a Health Advisory, which allows limited visitation subject to the guidelines listed below.

Visitation is subject to the facility maintaining the criteria established by NYSDOH, which include, the requirement that the Facility remain COVID-free for a period of no less than fourteen (14) days. Should the facility not remain COVID-free, then all visitation will be suspended until such time that facility is COVID-free for fourteen (14) days. Therefore, it is extremely important that all visitors comply with the Visitation Plan as listed below.

Visitation Plan:

1. Visitation shall be limited to outdoor areas, weather permitting. Under certain end-of life care situations or similar, visitation can be inside, in a well-ventilated space with no more than 10 individuals who are appropriately socially distanced and wearing a facemask while in the presence of others.
2. Visitation is strictly prohibited indoors in resident rooms or care areas unless in medically necessary circumstances. The Facility has designated specific areas for visitation. Visitors are not permitted outside of these designated areas.
3. Limited outdoor visitation, including representatives from the long-term care ombudsman program, will be permitted, under the following conditions:
 - a) Adequate staff are present to allow for personnel to help with the transition of residents, monitoring of visitation, and cleaning and disinfecting areas used for visitation after each visit using an EPA-approved disinfectant.
 - b) The Facility maintains signage regarding facemask utilization and hand hygiene and uses applicable floor markings to cue social distancing delineations.
 - c) All visitors are required to present proof of a verified negative test result for COVID-19 within 7 days of their visit. As per the Department of Health, visitors will be prohibited from entering the building if they fail to produce proof of a current negative test result. A COVID-19 antibody test is not an approved test for visitation.
 - d) Visitors are screened for signs and symptoms of COVID-19 prior to resident access and visitation will be refused if the individual(s) exhibits any COVID-19 symptoms or do not pass the screening questions. Screening shall consist of both temperature checks and asking screening questions to assess potential exposure to COVID-19 which shall include questions regarding international travel or travel to other states designated under the Commissioner’s travel advisory. The Facility will maintain screening questions asked onsite and make it available upon the DOH’s request.
 - e) Documentation of screening will be maintained onsite in an electronic format and available upon the DOH’s request for purposes of inspection and potential contact

tracing. Documentation shall include the following for each visitor to the Facility:

- First and last name of the visitor;
 - Physical (street) address of the visitor;
 - Daytime and evening telephone number;
 - Date and time of visit;
 - Email address, if available; and
 - A notation indicating the individual cleared the screening (both temperature and questions).
- f) There is adequate PPE made available by the Facility to ensure residents wear a facemask or face covering, which covers both the nose and mouth during visitation.
- g) Visitors must wear a face mask or face covering, which covers both the nose and mouth at all times when on the premises of the Facility. Visitors must maintain social distancing, unless requiring medical assistance. The Facility will have adequate supply of masks on hand for visitors and make them available to visitors who lack an acceptable face covering.
- h) The Facility will provide alcohol-based hand sanitizer, consisting of at least 60 percent (60%) alcohol, to residents, visitors, and representatives of the long-term care ombudsman visiting residents, and those individuals are able to demonstrate appropriate use.
- i) The number of visitors to the nursing home must not exceed ten percent (10%) of the resident census at any time and only two visitors will be allowed per resident visit.
- j) Visitors under the age of 18 years old are prohibited from visiting residents at this time.
- k) Residents newly admitted from the hospital may not have a visitor for at least 7 days following admission.
- l) The Facility has developed a short easy-to-read fact sheet outlining the hours of visitation and visitor expectations including appropriate hand hygiene and face coverings. The fact sheet will be provided upon initial screening to all visitors.
4. Residents may be assisted to go outdoors with staff supervision. The appropriate infection control and safety and social distancing requirements will be maintained.
5. The interdisciplinary Team will review the Facility's visiting program's compliance with the NYSDOH Health Advisories.
6. If any visitor fails to adhere to the protocol, he/she/they will be prohibited from visiting for the duration of the COVID-19 state-declared public health emergency.

It is important that visitors properly follow visitation guidelines to ensure a safe visit for their loved ones and to protect other residents and our front-line workers. Visitors that do not adhere to such guidelines will be asked to leave immediately.

Apex continues to follow all CDC, CMS and NYSDOH guidelines to protect our residents' well-being.